

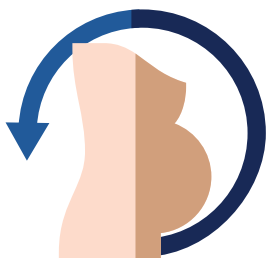


# Gestational Diabetes (GDM) Screening Guidelines

**GDM is diabetes diagnosed in the second or third trimester when an individual did not have diabetes before the pregnancy.**



People without diabetes prior to pregnancy should be screened for GDM at **24 to 28 weeks** of pregnancy.



People with GDM in pregnancy should be screened **4 to 12 weeks** after delivery for prediabetes or type 2 diabetes.



People with a history of GDM should have lifelong screening for prediabetes or type 2 diabetes **every 1 to 3 years**.