

Safe at School®: How to use these training modules

The American Diabetes Association®'s (ADA) *Diabetes Care Tasks at School: What Key Personnel Need to Know* is a training curriculum that consists of nineteen PowerPoint modules, pre- and post-tests, and other resources. This curriculum should be used in conjunction with *ADA's Helping the Student with Diabetes Succeed: A Guide for School Personnel*. Training participants are strongly encouraged to read the school guide prior to this training to gain a full understanding of the requirements of appropriate school diabetes care. The school guide should be available during the training.

These modules are intended to be used by a school nurse and/or pediatric diabetes health care professional to train non-clinical school staff members in the performance of diabetes care tasks and to demonstrate how diabetes care should be carried out in the school setting. This curriculum may also be used to train caregivers in the child care, camp, and other settings.

These training modules have two parts and are available for downloading at diabetes.org/schooltraining. A pre- and post-test is included at the end of each module. Detailed explanatory notes for the trainer that provide talking points for each slide accessed through the "Notes" pages. Additional Safe at School training resources and materials are available at diabetes.org/safeatschooltraining.

ADA's Safe at School® guide *Helping the Student with Diabetes Succeed: A Guide for School Personnel* recommends a 3-tiered diabetes management training for non-clinical school staff. Three levels of training are needed to keep students with diabetes safe at school. Each level of training might include groups of modules as suggested below. More information about training may be found in the school guide.

Level 1. Diabetes Overview and Response to Emergencies for all school personnel

Diabetes Basics
Type 2 Diabetes
Hypoglycemia
Hyperglycemia
Psychosocial
Legal Considerations

Level 2. Diabetes Basics and Emergency Actions

All Level 1 modules plus:
Diabetes Medical Management Plan
Blood Glucose Monitoring
Continuous Glucose Monitoring
Glucagon
Ketones
Nutrition and Physical Activity

Level 3. General and Student-Specific Care

All Level 1 and 2 modules plus:
Insulin Basics
Insulin by Syringe and Vial
Insulin by Pen
Insulin by Pump

Other training modules as needed:

Before and After School Care
After School Programs Sports/Camp
Child Care

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